










# Grocery Delivery Cheat Sheet



Store	First Time Incentives	Delivery Fees	Coupons Accepted	Stacking Tips	Pricing	How to Schedule Deliveries	How to Cancel	Misc. Tips
 <b>H-E-B</b>	First four deliveries get shopper and delivery fee waived.	\$4.95 personal shopper fee, plus a \$5 delivery fee.	Only digital coupons available through H-E-B app are accepted.	H-E-B doesn't allow coupon stacking.	They do not honor in-store pricing. Delivery orders have their own prices.	H-E-B can get your order delivered in as little as four hours.	Cancel online or in the H-E-B app.	If an item for which you used a coupon is substituted, the coupon will still be applied to the substitution. They only accept credit card or debit online.
 <b>Walmart</b>	First delivery is free.	Up to \$9.95 per order. Unless you join Delivery Unlimited for \$12.95 a month.	No coupons.	N/A	The same prices online as in store.	Use online scheduler. At least four hours for same day pickup.	Call or cancel online. You can make changes up to a few hours before delivery.	\$30 order minimum. Accept SNAP/EBT at all participating locations. No WIC or eWIC.
 <b>Giant Eagle</b>	First delivery is free.	\$12.95 delivery fee.	Giant Eagle eCoupons only.	N/A	The same prices online as in store.	Order online. Select your delivery time and then add items to your shopping cart.	Tap "Cancel Order" online. You won't be charged a fee to cancel.	You must link your order to an Advantage Card.
 <b>Kroger</b>	N/A	\$5.95 delivery fee, plus \$6 service charge.	Digital coupons are accepted. Load all coupons to the store app and they'll be applied automatically when you place your order. Paper coupons are not.	Yes, same rules as in store apply.	The same prices online as in store.	First come, first served. You'll create your order and choose a delivery time at checkout.	Cancel online until shopper begins your order. If you see the option to cancel online, you can still do it.	Credit or debit only. No cash or government benefits.
 <b>Meijer</b>	N/A	\$9.95	Digital coupons only.	N/A	The same prices online as in store. Plus, get access to store promotions online.	Use the online scheduler. Meijer uses Shipt to shop for and deliver your groceries.	Call your local store.	Sign up for an mPerks account to access coupons.






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 <b>Target</b>	Free four-week trial.	Pay \$99 annually or \$14 per month to join Shipt and you'll get free delivery for orders of \$35 or more.	Target Circle coupons and any offers you have saved in the Target app.	You can use both manufacturer Circle coupons and store Circle coupons together.	Online pricing may not match the store exactly. Prices will be based on the store you select or on your location services setting.	Place your order on Target.com or through the Shipt website.	Cancel up to one hour before your chosen delivery hour. If you need to cancel and it's less than one hour, call Target at 800-591-3869 to cancel.	Use your RedCard! You'll still save 5% on your order (but it won't apply to the delivery fee).
 <b>Publix</b>	N/A	Service fee is 5% of your order. Unless you join Instacart Express for a yearly flat fee.	Use digital coupons at time of purchase. No paper coupons are accepted.	You can use manufacturer coupons available through Instacart along with Publix promo codes.	Prices are higher when you order online to offset Publix's cost to use Instacart.	Order online, choose a delivery time that works best for you. Publix uses Instacart so you'll be automatically sent to Publix's site powered by Instacart.	Cancel online through Instacart.	You must create an Instacart account to use Publix delivery.
 <b>Fred Meyer</b>	N/A	\$5.95 delivery fee, plus \$6 service charge	Digital coupons are accepted. Load all coupons to the store app and they'll be applied automatically when you place your order. Paper coupons are not.	Yes, same rules as in store apply.	The same prices online as in store.	First come, first served. You'll create your order and choose a delivery time at checkout.	Cancel online until shopper begins your order. If you see the option to cancel online, you can still do it.	Credit or debit only. No cash or government benefits.
 <b>Harris-Teeter</b>	N/A	\$9.95 for orders over \$50. \$11.95 for orders under \$50. Plus a \$4.95 "picking" fee for the shopper is added. So, \$14.90 total for orders over \$50 and \$16.90 for orders under \$50. Free with a yearly subscription for \$99.95.	Digital coupons are accepted, paper coupons are not.	You can only use one coupon of any type per item. So, no stacking.	Prices are based on the weekly ad for the day that you are receiving your delivery, not the day you place your order.	Order online, choose a delivery time that works best for you.	Call your store to cancel your order.	Harris-Teeter ExpressLane Delivery is only available in select markets, but the chain plans to expand.





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 <b>Smith's</b>	N/A	\$5.95 delivery fee, plus \$6 service charge.	Digital coupons are accepted. Load all coupons to the store app and they'll be applied automatically when you place your order. Paper coupons are not.	Yes, same rules as in store apply.	The same prices online as in store.	First come, first served. You'll create your order and choose a delivery time at checkout.	Cancel online until shopper begins your order. If you see the option to cancel online, you can still do it.	Credit or debit only. No cash or government benefits.
 <b>Food Lion</b>	N/A	\$3.99 for orders over \$35. If you want your groceries delivered in one hour, the fee is \$5.99. Orders under \$35 have a \$7.99 fee and it's \$9.99 to deliver within one hour.	Only the coupons offered by Instacart.	N/A	The same prices online as in store.	Select your delivery time online.	Cancel anytime up to the point your shopper begins your order. You'll be charged a \$15 fee if you have to cancel after that point.	Food Lion uses Instacart to shop for and deliver groceries. Set up an Instacart account and expect to tip.
 <b>Safeway</b>	First order is free. Use FREE at checkout.	\$9.95	No paper or digital coupons except Just for U store coupons.	N/A	Loyalty cards have special pricing online. Just for U savings apply.	Order online. If you need two-hour delivery, Safeway uses Instacart to fill them.	Call customer service (877) 505-4040 if you need to make changes to your order once you can no longer edit online.	\$30 minimum on all orders. If you spend over \$150, your delivery fee may be reduced.
 <b>Ralphs</b>	N/A	\$5.95 delivery fee, plus \$6 service charge.	Digital coupons are accepted. Load all coupons to the store app and they'll be applied automatically when you place your order. Paper coupons are not.	Yes, same rules as in store apply.	The same prices online as in store.	First come, first served. You'll create your order and choose a delivery time at checkout.	Cancel online until shopper begins your order. If you see the option to cancel online, you can still do it.	Credit or debit only. No cash or government benefits.
 <b>Albertsons</b>	First order is free. Use FREE at checkout.	\$9.95	No paper or digital coupons except Just for U store coupons.	N/A	Loyalty cards have special pricing online. Just for U savings apply.	Order online. If you need two-hour delivery, Albertsons uses Instacart to fill them.	Call customer service (877) 505-4040 if you need to make changes to your order once you can no longer edit online.	\$30 minimum on all orders. If you spend over \$150, your delivery fee may be reduced.

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 <b>Whole Foods (Prime Now)</b>	No incentives — join Prime and get the first month free. Then place Whole Foods delivery orders.	Free for Prime members who spend at least \$35.	No. Sales and deals listed in the Whole Foods app will apply to your order.	N/A	Same as in-store.	Order online through the Whole Foods delivery website. You'll be sent to Amazon to complete your order.	Cancel on Amazon, like you would any Amazon order.	You can't choose a delivery time until you're done adding items to your order.
 <b>Costco</b>	N/A	Free for Costco members who spend at least \$75.	Only applicable Costco rebates.	N/A	Items are more expensive online. You'll see notes like "Item may be available in your local warehouse for a lower price."	Order online through the Costco website.	Cancel online by opening "My Orders: and then tap "Cancel Order."	Costco offers same-day delivery of perishables through Instacart and 2-Day delivery of non-perishables.
 <b>ALDI</b>	First three orders over \$35 are free. Use SHOPALDI20 at checkout.	\$3.99	No	N/A	Item prices are higher to cover the cost of a personal shopper. Also, sales available in-store may not be available when you order through Instacart.	Order online and select your delivery time at checkout.	Cancel through ALDI's Instacart website. You can cancel up to the point your shopper has begun your order.	ALDI's Twice as Nice return policy applies. If you're not satisfied, you can return the item for a full refund and receive a product replacement.
 <b>AmazonFresh</b>	No incentives — join Prime and get the first month free. Then place AmazonFresh delivery orders.	Free for Prime members who spend at least \$35.	Amazon coupons will be listed by each product while you're shopping online.	N/A	Pricing mimics Prime Now on Whole Foods' brand "365 Everyday Value" items. Otherwise, prices are cheaper than Prime Now.	Add items to your Amazon cart and check out.	Cancel on Amazon, like you would any Amazon order.	You can't choose a delivery time until you're done adding items to your order.